

Did you know...

- Sexual assault/abuse happens to people of all ages, ethnic groups, social or economic status, sexual orientation or disability.
- Sexual assault/abuse can happen to males and females.
- Sexual assault/abuse is about power and violence. It is not about love.
- Sexual assault/abuse affects everyone, either directly or through the experiences of those we care about.
- The fact that a victim of sexual assault/abuse becomes sexually excited does not mean they are not assaulted/abused or that they gave approval. These are normal, involuntary reactions.
- It is common for survivors of sexual assault/abuse to have feelings of embarrassment, anger, guilt, panic, depression and fear even several months or years after an attack.
- The offender uses sex as a weapon to assault the body, the mind and the spirit.
- Any sexual contact between staff and youth is against the law.

If you are thinking of sexually assaulting or sexually abusing another youth, you should know....

- An investigation will be conducted by an ADJC Police Investigator.
- You will face felony criminal charges.
- If you are found guilty your time will be increased and you will face life long reporting requirements to Law Enforcement to register as a Sex Offender, after your release from jail or prison.
- You will most likely be sent to the adult prison.
- Unprotected sex increases your risk of HIV infections, along with exposing you to other sexually transmitted diseases.
- If you have trouble controlling your actions, ask for help from your case worker, psych associate or other mental health staff.

WHAT YOU SHOULD KNOW ABOUT SEXUAL ASSAULT/ ABUSE

ADJC HAS ZERO TOLERANCE FOR SEXUAL ASSAULT/ ABUSE

What is Sexual Assault (rape)?

Sexual assault is when:

'A person engages in sexual intercourse or oral sexual contact with any person without their consent.' Sexual assault is a class 2 felony (*homicide is a class 1 felony*) and the person convicted shall be sentenced pursuant to this section and the person is not eligible for suspension of sentence, probation, pardon or release from confinement.

WHAT THIS MEANS: sexual assault (rape) is when a person has sex or oral sex with another person without their approval (forced sex).

What is Sexual Abuse?

Sexual Abuse is when 'A person commits sexual abuse by engaging in sexual contact with any person ... without their consent.'

Sexual contact means any direct or indirect (*on top of or inside clothes*), touching, fondling or manipulating of any part of the genitals, anus or female breast by any part of the body or by any object or causing a person to engage in such contact.'

WHAT THIS MEANS: sexual abuse is when a person has any form of sexual contact with another person without their approval. 'Sexual contact' means any touching, fondling (stroking) or manipulating of any part of the genitals, anus, or female breast by any part of the body or by any object (*on top of or inside clothes*).

How to avoid sexual assault/abuse

The only way sexual assault/abuse can be prevented is when a suspect chooses NOT to sexually assault/abuse. However, you may avoid an attack by keeping the following safety guidelines in mind:

- Be aware of situations that make you feel uncomfortable. Trust your instincts. If it feels wrong, TELL A FRIEND, TELL STAFF, or TELL SOMEONE YOU TRUST.
- Don't be afraid to say "NO" or "STOP IT NOW."
- Walk and stand with confidence. Many suspects choose victims who look like they won't fight back or appear emotionally weak.
- Avoid talking about sex or being partly dressed. These things may be considered a come on, or make another youth believe that you have an interest in a sexual relationship.
- Do not accept canteen items or other gifts from other youth. Placing yourself in debt to another youth can lead to the belief of repaying the debt with sexual favors.
- Avoid secluded areas. Always stay in plain view of staff members. If you are being pressured for sex, report it immediately to a staff person.
- Follow the ADJC Norms: Respect, Responsibility, Positive Communication and Safe Environment.

What do you do if you are sexually assaulted/abused?

Although a suspect may threaten to harm you and you may be scared, REPORT SEXUAL ASSAULT/ABUSE TO A STAFF MEMBER IMMEDIATELY.

The longer you wait to report the sexual assault/abuse, the more power you give the suspect. All reports will be fully investigated by ADJC Police Investigators and will be kept confidential.

Request to see the nurse for immediate medical attention. You may have serious injuries that you are not aware of, and any sexual contact can expose you to sexually transmitted diseases.

Do NOT do the following:

- Do not shower
- Do not brush your teeth
- Do not use the restroom
- Do not change your clothes

You may destroy important evidence.

If you have been assaulted or witness an assault, but you are unwilling to report it to your unit staff, then you may fill out a grievance form, request to see the Chaplain, or Juvenile Ombuds.

**Tell a Friend
Tell Staff
Tell Someone You Trust.**